

ESAA – NORFOLK ROLL OF HONOUR

The *Norfolk Schools' Athletics Association* was formed in 1930 with the first County Championship being held the same year. This competition only involved the *Great Yarmouth Schools' Athletics Association* and *Norwich Elementary Schools' Athletic Sports Associations*. From 1934 Schools' Associations affiliated to the *Norfolk County Schools' Athletics Association* (see below) took part in the Norfolk S.A.A. Championships.

The *Norfolk County Schools' Athletics Association*, formed in November 1933, was for the more rural districts of the county of Norfolk. They held their own championship from 1934 with the winners progressing to the *Norfolk Schools' Athletics Association* County Championships where they competed against the other districts. Their performances at the 1934 Norfolk S.A.A. County Championship led to 50% of the Norfolk team for the ESAA Championship in Blackpool being from the *County Association's* schools.

The first Norfolk ESAA championship medallist was Arthur Campling, a pupil at Great Yarmouth Hospital School, with the silver medal in the 1931 Boys high jump. He was also the first Norfolk ESAA champion when he tied for first place in the 1932 event.

OLYMPIC GAMES MEDALLIST

Anne Pashley	1956 4 x 100m Silver 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
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EUROPEAN CHAMPIONSHIP MEDALLISTS

Anne Pashley	1954 4 x 100m Bronze 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
Mike Tagg	1969 10000m Silver 1961 J 1500m-1, 1962 I 1500m-3, 1963 I CC-1, 1964 S CC-1, 1964 S 1500m-1, 1965 S CC-1, 1965 S 1500m-2
Chris Baker	2016 High Jump Bronze 2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2, 2009 S HJ-3

COMMONWEALTH GAMES MEDALLIST

Anne Pashley	1954 4 x 110y Silver 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
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BRITISH CHAMPIONS

Anne Pashley	1953 and 1954 100y 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
Rachel Kirby	1992 Triple Jump 1986 S 200m-3
Barbara Parker	2010 3000m Steeplechase 1999 I 800m-2, 2001 S 800m-1

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Iona Lake	2017 3000m Steeplechase 2011 S CC-2
Sophie McKinna	2019-21 Shot Put 2008 J SP-2, 2009 I SP-3, 2010 I SP-1
Kent Ulyatt	1997 400m 1990 S 400m-3
Chris Baker	2018 High Jump 2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2, 2009 S HJ-3
Daniel Bainbridge	2021 Javelin Throw 2017 S JT-1

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)

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ESAA GIRLS CHAMPIONS

1933	U14	HJ	Grace Halliday	1992	J	PEN	Claire Everett
1938	U16	100y	Sybil Buckle	1993	J	PEN	Claire Everett
1951	I	100y	Anne Pashley	1993	J	HJ	Claire Everett
1952	J	HJ	Pat Staff	1996	S	400m	Emma Symonds
1952	I	100y	Anne Pashley	1997	S	400mH	Cicely Hall
1953	S	100y	Anne Pashley	2000	J	75mH	Leah McGuire
1956	S	DT	Susan Wakefield	2001	J	75mH	Leah McGuire
1958	I	LJ	Judith Starling	2001	S	800m	Barbara Parker
1959	I	LJ	Judith Starling	2002	I	300mH	Maria Garavand
1960	S	LJ	Judith Starling	2002	S	3000m	Ruth Proctor
1961	J	LJ	Helen Podlesney	2003	J	800m	Gillian Moss
1961	S	880y	Mary Tagg	2005	I	HT	Megan Boon
1962	I	880y	Maureen Day	2006	I	CC	Rosie Betts
1962	S	880y	Mary Tagg	2007	S	3000m	Danielle Nimmock
1963	I	880y	Maureen Day	2007	S	800m	Rachel Stringer
1964	J	SP	Joyce Hart	2008	S	800m	Rachel Stringer
1965	J	SP	Joyce Hart	2009	J	100m	Clieo Stephenson
1970	S	DT	Gwen Bird	2009	J	JT	Laura McDonald
1976	J	100m	Pippa Baker	2010	I	SP	Sophie McKinna
1977	I	100m	Pippa Baker	2014	S	JT	Elsbeth Jamieson
1978	I	100m	Pippa Baker	2021	J	PEN	Isabelle Mardle
1979	S	100m	Pippa Baker	2021	J	75mH	Isabelle Mardle
1988	J	SP	Michaela Nascimento	2022	I	80mH	Isabelle Mardle

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ESAA BOYS CHAMPIONS

1932	U14	HJ	Arthur Campling	1985	I	CC	Darren Mead
1933	U14	LJ	Mervyn Vickery	1985	I	3000m	Darren Mead
1939	U14	440y	Raymond Archbold	2006	J	800m	James Senior
1939	U16	HJ	F. Krubber	2007	I	HJ	Christopher Baker
1948	J	100y	Wilfred Alcock	2007	S	CC	Mitch Goose
1950	J	DT	R. Pearson	2007	S	3000m	Mitch Goose
1951	J	SP	L. Brighton	2008	J	HT	Danny Clayton
1951	I	LJ	J. Ward	2008	I	1500mST	James Senior
1954	J	JT	John Andrews	2009	J	HJ	Zino Mario Ghae
1955	J	LJ	L. Hubbard	2009	J	JT	Oliver Bradfield
1955	J	TJ	Bernard Bailey	2010	J	400m	Aaron Pitt
1956	J	100y	Barry Bridges	2010	J	JT	Oliver Bradfield
1957	I	PV	Joe Ely	2010	S	LJ	James McLachlan
1958	J	JT	John Gibbs	2011	I	HT	Michael Painter
1958	S	JT	Robin Howes	2012	S	HT	Callum Brown
1959	J	SP	Anthony Elvin	2012	S	TJ	Jimi Tele
1959	S	JT	Robin Howes	2013	S	HT	Michael Painter
1960	S	200yH	Barry Williamson	2015	S	4x100m	Norfolk
1960	S	440y	Derek Farman	2016	I	TJ	Wesley Matsuka-Williams
1961	J	1M	Mike Tagg	2017	S	JT	Daniel Bainbridge
1963	I	CC	Mike Tagg	2018	S	TJ	Wesley Matsuka-Williams
1963	I	440y	Mike Fitzgerald	2021	I	400m	Calvin Smith
1964	S	CC	Mike Tagg	2022	I	100mH	Jaiden Dean
1964	S	1M	Mike Tagg	2023	S	DEC	Conrad Winter
1965	S	CC	Mike Tagg	2023	S	800m	Henry Jonas
1968	S	1M	Paul Dennis	2024	I	3000m	Michael Clark
1971	J	800m	Gary Jarvis	2025	S	1500m	Zachary Dunne
1971	I	3000m	Kevin Steere	2025	S	3000m	Michael Clark
1972	S	5000m	Kevin Steere	2026	S	3000m	Michael Clark
1973	S	CC	Kevin Steere	2026	S	800m	William Percival
1973	S	5000m	Kevin Steere				

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MIXED RELAY WIN

2023 J 4x100m Norfolk

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SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 2 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are for *Cross Country* and *Track and Field*. The *Indoor Pentathlon International* (commonly referred to as the *SIAB Indoor Pentathlon*) is actually organised by the *Scottish Schools' Athletic Association (SSAA)*.

A fourth championship, the *British Schools Indoor Athletics Championships* was also held from 1990 to 2000.

GIRLS WINNERS

1971	S	SP	Gwen Bird	1999	I	800m	Barbara Parker
1977	I	100m (A)	Pippa Baker	2007	I	200m	Harriet Lucas
1978	I	100m (A)	Pippa Baker	2009	I	SP	Sophie McKinna
1993	U16	iPEN	Claire Everett	2010	I	SP	Sophie McKinna
1994	U16	iHJ	Claire Everett	2021	U16	iPEN	Isabelle Mardle

BOYS WINNERS

1964	S	1M	Mike Tagg	2008	I	1500mST	James Senior
1968	S	1M	Paul Dennis	2010	I	HT	Callum Brown
1972	S	5000m	Kevin Steere	2011	I	HT	Michael Painter
1973	S	CC	Kevin Steere	2016	I	TJ	Wesley Matsuaka-Williams
1983	J	CC	Darren Mead	2021	I	400m	Calvin Smith
1984	I	CC	Darren Mead	2022	I	100mH	Jaiden Dean
1985	I	3000m	Darren Mead	2024	I	3000m	Michael Clark
1985	I	CC	Darren Mead				

Winning performances are shown in the abbreviated format – yyyy a eeee where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at an indoor meeting).

In some events in the 1970s and 1980s two races (A and B) were necessary because of a limited number of lanes at the venue. An '(A)' or '(B)' highlights where this was the case.

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WORLD JUNIOR / U20 MEDALLIST - BOYS

1994 Nick Budden 4 x 400m Bronze

WORLD YOUTH / U18 MEDALLIST - GIRLS

2011 Sophie McKinna Shot Put Silver

EUROPEAN JUNIOR / U20 MEDALLIST - GIRLS

2013 Sophie McKinna Shot Put Silver

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1991 Kent Ulyatt 4 x 400m Gold

1993 Nick Budden 4 x 400m Gold

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MULTI-SPORT ATHLETES

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Triathlon and Weightlifting.

Details follow of two of Norfolk's ESAA competitors who have gone on to have a successful career in other sports :

CYCLING – VICKY WILLIAMSON

Vicky represented Norfolk when finishing second in the 2008 ESAA Junior 75m metres Hurdles. At the suggestion of one of her athletics coaches she switched from athletics to cycling.

Just 3 years later she competed at the Junior Track Cycling World Championships and won individual silver and bronze medals. At the 2013 World Track Cycling Championships, with partner Becky James, she won the bronze medal in the team sprint. At the beginning of 2016 Vicky had a terrible crash in a race that left her with life-threatening injuries. Amazingly she recovered to compete for in the Great Britain team in the 2019 World Track Cycling Championships.

At the end of 2019 she decided to changed sport again and is now a member of the British Bobsleigh team.

FOOTBALL – BARRY BRIDGES

Barry represented Norfolk when winning the 1956 ESAA Junior 100 yards title. This was also the year that he joined the Chelsea Football Club Academy.

Barry turned professional with Chelsea in 1958 and spent 8 years with them making over 200 appearances for them. During this spell, in 1965, he won his 4 England caps. He was in the original 40-man England squad selected for the 1966 World Cup tournament but was omitted from the final 22-man squad.

Barry later played for Birmingham City, Queens Park Rangers, Millwall and Brighton & Hove Albion making over 470 League appearances.